



OTTAUQUECHEE
HEALTH
FOUNDATION

Annual Report

FY2022

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A Message from the Board President

Dear Friends of OHF,

I am writing with a grateful heart to you, our Members, for your loyal support of the Ottauquechee Health Foundation.

The Ottauquechee Health Foundation has been an autonomous Foundation for 26 years, based on a generous gift from the estate of Mrs. Gertrude Mertens. Board Meeting minutes from February 18, 1997, state: *On Dec. 31, 1996, OHF, Inc. received a \$1,200,000.00 bequest from the estate of Gertrude Mertens. The income from this gift will allow the Trustees to go forward in plans for unmet health care needs of the community. It is hoped to fund appropriate and doable efforts in "community health care" (sic). e.g. mammograms, prostate screening, dialysis transportation, eye glass subsidies, and school drug program support.*

From 1997 to 2023, millions of dollars have been granted to community members and organizations in our nine towns to support health and wellness. This past year the Foundation received more requests for financial support than in any previous year, with a total of \$225,000 grant dollars requested through 261 grant inquiries. "Community health care" has expanded from the list above to include home care services, pandemic-related needs, preventative care, dental, mobility, mental and emotional health, restorative, reparative and recovery support, and safety-related concerns in homes, agencies, and schools.

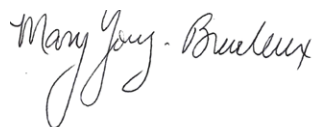
Because of you, our generous Members, we continue to support the needs that arise in our communities. In 2022, we received 172 gifts totaling over \$186,000 dollars, ALL of which goes directly to our granting programs. Thank you for your support!

Although there have been changes at the Foundation this past year, we continue to meet the needs of our friends, neighbors, and communities. At the office, many of you know that Tayo Kirchof moved on from OHF to pursue a development position at Mt. Ascutney Hospital and Health Center and Dartmouth Health. Tayo's leadership over the past four years guided the Foundation through the pandemic, significant trustee changes, and improved and expanded community partnerships. Major foundational work was also completed during her tenure. This includes updated Bylaws, revised and approved Policies and Procedures, Board and Personnel manuals, Job Descriptions and Evaluation Tools, Technical Platforms that improve our management of funds and funding, a strong bookkeeping service, increased philanthropic support, a five-year Strategic Plan, updated website, new branding and logo, a strong partnership with the HUB, and expanded opportunities for college and graduate students. Tayo will be missed but has left the Foundation primed for new leadership to move the mission forward.

With these strengths to move the Mission forward, the Board of Trustees and I are pleased to announce that the Foundation has hired a new Executive Director, Hali Robinson. Hali is a Woodstock native, and she and her husband Jake are raising their young family here. She has achieved much in her career, including a Master's degree in Public Health from the University of New England and Oncology Research and Epidemiology positions at Dartmouth Health and The Vermont Department of Health. She brings great energy, knowledge, and perspective to the Foundation, having known us and volunteered at many OHF events over the years. Please join us in welcoming Hali!

As I complete my six years as a trustee, the Ottauquechee Health Foundation will remain warmly in my heart as a unique charitable Foundation that continues to achieve its mission every year since its inception—to improve the health and well-being of people in need.

Gratefully,



Mary Young-Breuleux
Board President

The Ottauquechee Health Foundation strives to improve the health
We do this through financial assistance, community partnerships
Our Service Towns: Barnard, Bridgewater, Hartland, Killington

Meet Anna



Anna had known about the Ottauquechee Health Foundation before she needed grant funding. But after a major automobile accident, Anna and her family soon found out OHF provides support well beyond just the money.

Anna spent 11 days in the hospital following a head-on collision. Due to the pandemic and other factors, home was the safest place to continue her recovery. From the start, OHF grants coordinator Beth Robinson was the liaison between Anna's family and the hospital. Beth also arranged for Anna's daughter to be able to visit her in the hospital, enabling her, to practice providing the care her mother would need at home.

"Beth and OHF helped to remove unnecessary stress from myself and my family by arranging for all the medical equipment that would be necessary for my home health care", Anna said. "Beth's warm and caring personality never made me feel like I was just a number."

As family members stepped in to help Anna at home, an OHF respite grant was a key source of support.

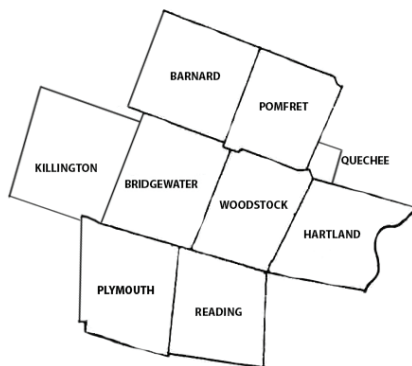
"My daughter and sister were my main caregivers. Through Beth's extensive knowledge of the OHF grants and programs, my caregivers were able to receive a little bit of income via a grant from the OHF," she said.

An OHF grant also paid for some crucial items that weren't covered by Anna's health insurance, including a hospital bed and wheelchair. The Foundation helped set up an occupational therapist for Anna as well. The support from OHF was critical to the recovery process, she emphasized.

"I can't thank Beth and the Ottauquechee Health Foundation enough," she said, adding, "I don't know what we would have done if we hadn't been able to get a hospital bed and all the things necessary to enable me to eventually become ambulatory."

OHF provides financial assistance to help community members like Anna improve their quality of life.

OHF believes everyone should have access to the health and wellness services they need. You can help! Visit www.ohfvt.org/donate to learn more. If you're in need of assistance, we can help. Call or email us: 802.457.4188 or info@ohfvt.org



Contact Us:

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Health and well-being of people in need who live in the towns we serve.
Partnerships, education opportunities, and support of wellness initiatives.
Killington, Plymouth, Pomfret, Quechee, Reading, and Woodstock.

Thanks to our dedicated partners and providers, \$225,000 in OHF grants enabled access to over \$302,000 in health and wellness services in 2022.

What We Do



Financial Assistance

OHF provides financial assistance on behalf of individuals who are unable to pay for the high costs of health and wellness services. Our **Good Neighbor Grants** support needs ranging from medical and dental care to medical equipment, hearing aids, mental health, and other health and wellness gaps.

For those who need a caregiver, our **Homecare Grants** are available to meet short-term needs. OHF also supplies financial assistance to area nonprofit organizations. **Community Grants** provide assistance to other organizations that support the health and wellness of our communities.

Scholarships are also available for students entering the health fields.

In 2022, OHF supplied \$225,000 in financial assistance through these programs.



Education & Initiatives

OHF continues to offer community education opportunities and initiatives. In 2022, involvement in the launch of the **HUB initiative** was a focus of OHF staff.

Additionally, the Windsor Central Wellness Initiative (WCWI), currently implemented in the local school district, supplies **mental health support** to students, teachers, and administration. The 2021 Community Health Needs Assessment identified Mental Health service access as one of the major barriers to care. The WCWI helps to address this. In 2022, individual student evaluations were added to the program to ensure our youth has the support they need to thrive.

OHF is also an active participant in multiple area committees, work groups, and task forces focused on improving the health of our communities through hands-on, proactive approaches.



Community Resources

OHF works in partnership with area health providers and organizations to provide care coordination and support.

In addition, local health providers discount their services, to allow our neighbors to access health and wellness services at a more affordable rate. **In 2022, \$225,000 in approved grant requests enabled access to almost \$302,000 in health and wellness services.**

OHF staff spent 40% of its time in 2022 **helping community members gain access to the resources they need to be healthy by providing inter-agency referrals.** This includes connecting them with Community Care Coordinators, community resources, the HUB, case workers and other external support systems and aid organizations.

OHF can help navigate beyond health needs.

Partnership Highlight - The HUB

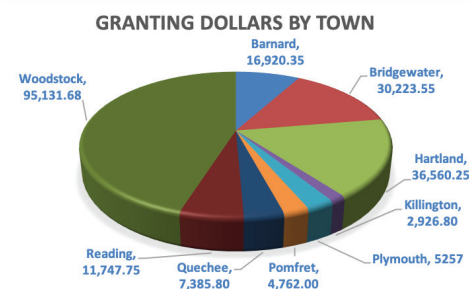
OHF is a proud and active partner, along with Woodstock Community Trust, of The HUB. The HUB is an important new initiative to build a collaborative community-wide system to support neighbors in need. The HUB marshals and coordinates the resources of multiple funding and service organizations, including OHF, to provide the best response to neighbors who experience serious disruption or challenge in their daily life. The HUB reduces the barriers and stigma of seeking and receiving help. It strengthens community and individual health, resilience, and caring. The HUB provides access to a full range of public and private resources available in our region.

To learn more about the HUB please email apply@thehubneighbors.org or call 802-457-7214.

Stewardship

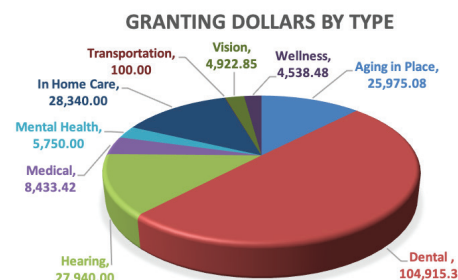
Good Neighbor Grants (GNGs), Homecare Grants & Community Grants

	2020	2021	2022
Approved	\$199,000	\$212,000	\$225,000
# of Grants	230	223	261
# People/Orgs Served	138	153	136
Average Grant \$	\$869	\$950	\$862



Breakdown of 2022 Granting by Program

	# of Grants	Amount
GNGs	240	\$184,000
Homecare Grants	12	\$28,000
Community Grants	9	\$13,000
Totals	261	\$225,000



Financial Statement - Investments

	FY 2019	FY 2020	FY 2021	FY 2022
Total Assets	\$3,931,563	\$4,176,902	\$4,477,989	\$3,695,075

OHF is proud to provide invaluable resources to those in need of financial assistance and support.

2022 By the Numbers



The BIG Value in Small Grants

OHF utilizes the Federal Poverty Guidelines to assess financial eligibility. Based on those guidelines, the Federal Poverty Level (FPL) for a household of two is \$18,310 per year.

An average Good Neighbor Grant amount was \$862. Though not large, it is a substantial contribution to those struggling financially. Without these grants, important health services might not otherwise be available to those needing them the most. In 2022, 72% of OHF financial assistance was provided to households living under 200% of the FPL.

Our Supporters

THANK YOU! We extend our deepest gratitude to all the donors and supporters who make our work possible. We apologize for any names or organizations that may have been inadvertently omitted and appreciate notice of corrections or errors. Supporters from January 1, 2022 - January 31, 2023

A special thanks to our partners and providers for their discounted services and ongoing support.

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Pam and Louis Ahlen
Owen Astbury and Brenda Metzler
Jake, Emma, Ezra, Ora and Jed Astbury
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Your donations change lives by supplying access to health and wellness funding & resources.

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Covered Bridges Half Marathon
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King's Daughters and Sons
Laurance and Mary Rockefeller Fund
McCullom Charitable Foundation
Prosper Homemakers Club
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Town of Killington
Town of Plymouth

Town of Pomfret
Town of Reading
Town of Woodstock
Woodstock Rotary Club
Woodstock Area Jewish Community

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2022-2027 Strategic Plan

Our Vision for the Future

OHF's 2022-2027 Strategic Plan is the result of a multi-year process. The goals for this five-year plan are based on critical issues and strategies discussed during strategic planning sessions.

Strategic Goals:

Goal One: Build a solid infrastructure to support and maintain a highly functioning organization.

Goal Two: Ensure adequate financial resources for long-term sustainability and future growth.

Goal Three: Support, maintain, and/or expand effective programs and services.

Goal Four: Implement effective marketing and public relations strategies to increase awareness and outreach.

Evaluation and management go together with the implementation of the OHF Strategic Plan. Ongoing assessment is vital for several basic reasons: accountability, quality improvement, and predicting future needs and resources. Evaluation and management of the strategic plan will help to provide a clear understanding of the strengths and effectiveness of the organization's management and programmatic strategies and will help identify areas that need addressing. To learn more about OHF's five-year Strategic Plan or to help in its implementation, please reach out to OHF's Executive Director.



Thank you for granting my hearing aids...I am amazed at what I was missing! The rustle of leaves, crickets, bird calls - so much of the world has come back into my life. There are no words to express my gratitude.



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Find us on Facebook and Instagram

A few words from the people we serve.

“

It is nice to know there is help out there when the going gets tough.

“

I can't tell you how amazing it is to have these concerns handled after years of anxiety. You helped when I did not know where to turn.

“

Thank you very much for your contribution towards my dental treatment. Without your help, it would have been a hardship to come up with the payment.

Serving Barnard, Bridgewater, Hartland, Killington, Plymouth, Pomfret, Quechee, Reading, and Woodstock.