



## 2023 Community Grants

**Barnard Academy:** Helmets for sledding and skating

**Upper Valley Haven:** Dental supplies for individuals from our catchment area

**Thompson Senior Center:** Author travel expenses for "Alzheimer's Canyon" presentation

**The Nest:** Postpartum support group held at Artistree

**Mindful Connections:** Yoga and art for local middle school students

**Jess Kimball Wellness:** Home visit support for pre- and postnatal periods

**Summer SOAK:** Scholarships for 4 students from our catchment area

**Second Growth:** Summer enrichment program for local middle school students

**The Ottawaquechee School:** Midday snacks to address food insecurity

**Sensory Pathways:** Visual instruction for guided movements to help with motor skills, balance, hand-eye coordination and spatial awareness in 5 area elementary schools

**MAHHC Primary Care Clinic:** Bike Helmets; UVM "Protect your Head at All Times"

**Guillette Personal Training:** Free fitness classes for participants residing in our catchment area who qualify for financial assistance

**Governor's Institute of Vermont:** Scholarship for a student to attend the Health & Wellness Institute

**Thompson Senior Center:** Sponsored author, Francesca Arnoldy for their Age Well Series

**Woodstock Recreation Center:** Post-flood help for Little Theater